BREAKFAST LUNCH

OCTOBER 2024
KANSAS STATE SCHOOL FOR THE BLIND

Served every day with breakfast: Milk (Skim or 1%), Fruit and !00% Juice
Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CINNAMON ROLL SPAGHETTI W/ MEATBALLS GARLIC BREAD ROASTED BROCCOLI PINEAPPLE	**2** BISCUITS & GRAVY BBQ RIB ON BUN SWEET POTATO FRIES CUCUMBERS AND RANCH TROPICAL FRUIT	**3** EGG AND CHEESE ENGLISH MUFFIN PIG IN A BLANKET MACARONI & CHEESE GREEN BEANS GRAPES	**4** PANCAKE ON A STICK TURKEY BURGER ROASTED CAULIFLOWER CURLY FRIES APPLESAUCE
7 LONG JOHN/OATMEAL SHREDDED CHICKEN PARMESAN SANDWICH GREEN BEANS ZUCCHINI FRIES PINEAPPLE	**8** HAM & CHEESE OMELET & MUFFIN TUNA CASSEROLE CORNBREAD STEAMED CARROTS TROPICAL FRUIT	**9** MUFFIN & CHEESE STICK GRILLED TURKEY & CHEESE SANDWICH BAKED BEANS POTATO SALAD MANDARIN ORANGES	**10** BREAKFAST CASSEROLE CHICKEN FRIED CHICKEN W/ ROLL MASHED POTATOES W/ GRAVY ROASTED BROCCOLI PEACHES	**11** NO SCHOOL
14 FRENCH TOAST & SAUSAGE HOT DOG ON BUN CHIPS PEAS & CARROTS GRAPES	**15** PANCAKE CHILI W/ FRITOS CINNAMON ROLL GREEN BEANS STRAWBERRIES	**16** SAUSAGE, EGG & CHEESE BISCUIT HAMBURGER WAFFLE FRIES MIXED VEGETABLES MANGOES	**17** BACON SCRAMBLE PIZZA BEEF STROGANOFF BAKE ROLL BROCOLI TROPICAL FRUIT	**18** BAGEL, EGG & TURKEY SAUSAGE HAM & CHEESE ON HOAGIE CHIPS CARROTS & RANCH FRUIT COCKTAIL
21 BANANA BREAD & CHEESE OMELET CHEESE PIZZA CORN FRENCH FRIES STRAWBERRIES	**22** APPLE TURNOVER & CHEESE STICK ENCHILADAS BLACK BEANS MIXED VEGETABLES MANDARIN ORANGES	**23** MINI FRENCH TOAST BAKED CHICKEN SWEET POTATO HALF PEAS PEARS	**24** CHOCOLATE CROSSIANT MEATBALL SUB SCALLOPED POTATOES GREEN BEANS PEACHES	**25** SCRAMBLED EGG, BACON, & TOAST TILAPIA ROASTED POTATOES MINI CORN COB CINNAMON APPLES
28 BREAKFAST PIZZA BEEF AND BROCCOLI BROWN RICE MIXED VEGATBLES PEARS	**29** PANCAKE QUESADILLA REFRIED BEANS CORN PEACHES	**30** EGG & CHEESE BURRITO CHICKEN FRIED STEAK MASHED POTATOES W/ GRAVY MINI CORN COB MANDARIN ORAGNES	**31** BISCUITS & GRAVY PEPPERONI PIZZA MIXED VEGETABLES MIXED SALAD PINEAPPLE	

Questions????
Contact Cindy Rawie, Food Service Director
crawie@kssdb.org

Due to availability, substitutions to the menu may occur.
This institution is an equal opportunity provider.