

**OCTOBER 2024**

**KANSAS STATE SCHOOL FOR THE BLIND**

**Served every day with breakfast:** Milk (Skim or 1%), Fruit and !00% Juice

**Offered every day with lunch:** Variety of additional

vegetables and fruits and Milk (Skim or 1%)

Questions????

Contact Cindy Rawie, Food Service Director Due to availability, substitutions to the menu may occur.

[crawie@kssdb.org](mailto:crawie@kssdb.org) This institution is an equal opportunity provider.

**HAM & CHEESE OMELET**

**& MUFFIN**

**TUNA CASSEROLE**

**CORNBREAD**

**STEAMED CARROTS**

**TROPICAL FRUIT**

**MUFFIN & CHEESE STICK**

**GRILLED TURKEY &**

**CHEESE SANDWICH**

**BAKED BEANS**

**POTATO SALAD**

**MANDARIN ORANGES**

**BREAKFAST CASSEROLE**

**CHICKEN FRIED CHICKEN W/ ROLL**

**MASHED POTATOES W/ GRAVY**

**ROASTED BROCCOLI**

**PEACHES**

**NO SCHOOL**

**PANCAKE ON A STICK**

**TURKEY BURGER**

**ROASTED CAULIFLOWER**

**CURLY FRIES**

**APPLESAUCE**

**EGG AND CHEESE**

**ENGLISH MUFFIN**

**PIG IN A BLANKET**

**MACARONI & CHEESE**

**GREEN BEANS**

**GRAPES**

**BISCUITS & GRAVY**

**BBQ RIB ON BUN**

**SWEET POTATO FRIES**

**CUCUMBERS AND RANCH**

**TROPICAL FRUIT**

**FRENCH TOAST &**

**SAUSAGE**

**HOT DOG ON BUN**

**CHIPS**

**PEAS & CARROTS**

**GRAPES**

**PANCAKE**

**CHILI W/ FRITOS**

**CINNAMON ROLL**

**GREEN BEANS**

**STRAWBERRIES**

**SAUSAGE, EGG &**

**CHEESE BISCUIT**

**HAMBURGER**

**WAFFLE FRIES**

**MIXED VEGETABLES**

**MANGOES**

**BACON SCRAMBLE PIZZA**

**BEEF STROGANOFF BAKE**

**ROLL**

**BROCOLI**

**TROPICAL FRUIT**

**BAGEL, EGG &**

**TURKEY SAUSAGE**

**HAM & CHEESE ON HOAGIE**

**CHIPS**

**CARROTS & RANCH**

**FRUIT COCKTAIL**

**SCRAMBLED EGG, BACON,**

**& TOAST**

**TILAPIA**

**ROASTED POTATOES**

**MINI CORN COB**

**CINNAMON APPLES**

**CHOCOLATE CROSSIANT**

**MEATBALL SUB**

**SCALLOPED POTATOES**

**GREEN BEANS**

**PEACHES**

**MINI FRENCH TOAST**

**BAKED CHICKEN**

**SWEET POTATO HALF**

**PEAS**

**PEARS**

**APPLE TURNOVER &**

**CHEESE STICK**

**ENCHILADAS**

**BLACK BEANS**

**MIXED VEGETABLES**

**MANDARIN ORANGES**

**BANANA BREAD &**

**CHEESE OMELET**

**CHEESE PIZZA**

**CORN**

**FRENCH FRIES**

**STRAWBERRIES**

**BREAKFAST PIZZA**

**BEEF AND BROCCOLI**

**BROWN RICE**

**MIXED VEGATBLES**

**PEARS**

**PANCAKE**

**QUESADILLA**

**REFRIED BEANS**

**CORN**

**PEACHES**

**EGG & CHEESE BURRITO**

**CHICKEN FRIED STEAK**

**MASHED POTATOES W/ GRAVY**

**MINI CORN COB**

**MANDARIN ORAGNES**

**BISCUITS & GRAVY**

**PEPPERONI PIZZA**

**MIXED VEGETABLES**

**MIXED SALAD**

**PINEAPPLE**

**LONG JOHN/OATMEAL**

**SHREDDED CHICKEN PARMESAN SANDWICH**

**GREEN BEANS**

**ZUCCHINI FRIES**

**PINEAPPLE**

**CINNAMON ROLL**

**SPAGHETTI W/ MEATBALLS**

**GARLIC BREAD**

**ROASTED BROCCOLI**

**PINEAPPLE**