

 **BREAKFAST**

 **LUNCH**

MAY 2023

KANSAS STATE SCHOOL FOR THE BLIND

Served every day with breakfast: Milk (Skim or 1%), Fruit and 100% Juice

Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)

Monday

BISCUITS & GRAVY

1

TURKEY CORNDOG
SWEET POTATO TOTS
CORN
PINEAPPLE

Tuesday

BREAKFAST PIZZA

2

CHICKEN PARMESAN SANDWICH
NORMANDY VEGETABLES
SIDE SALAD
MANDARIN ORANGES

Wednesday

OATMEAL/MUFFIN

3

HOT HAM & CHEESE SANDWICH
BAKED BEANS
VEGETABLE BLEND
APPLE SLICES

Thursday

**FRENCH TOAST STICKS
W/ SYRUP**

4

CHEESEBURGER
FRENCH FRIES
GREEN BEANS
PEARS

Friday

WAFFLES W/ SYRUP

5

CHICKEN NUGGETS
MACARONI & CHEESE
GREEN PEAS
MIXED FRUIT

PANCAKE ON A STICK

8

PIZZA
STEAMED BROCCOLI
GLAZED CARROTS
PINEAPPLE

BREAKFAST BURRITO

9

CRISPY CHICKEN SANDWICH
FRENCH FRIES
VEGETABLE BLEND
GRAPES

WAFFLES W/ SYRUP

10

HOT DOG
FRENCH FRIES
CARROTS
SIDE SALAD
FROZEN FRUIT CUP

PANCAKES W/ SYRUP

11

SALISBURY STEAK
MASHED POTATOES W/ GRAVY
PEAS & CARROTS
ORANGE SLICES

BREAKFAST SANDWICH

12

CHEESEBURGER
CHIPS
SLICED CUCUMBERS
FRUIT COCKTAIL

BREAKFAST PIZZA

15

MEATBALL SUB
ROASTED CAULIFLOWER
SWEET POTATO TOTS
PEARS

BAGELS W/ CREAM CHEESE

16

CHICKEN ALFREDO
GARLIC BREAD
ITALIAN VEGETABLES
STRAWBERRIES

**FRENCH TOAST STICKS
W/ SYRUP**

17

BBQ PORK PATTY ON BUN
BAKED BEANS
BROCCOLI
PEACHES

BREAKFAST SANDWICH

18

HAM OR TURKEY & CHEESE
CHIPS
CARROT STICKS
SLICED APPLES

19

22

23

24

25

26

29

30

31

Questions????

Contact Cindy Rawie, Nutrition Services Director
crawie@kssdb.org

Due to availability, substitutions to the menu may occur.
This institution is an equal opportunity provider.