# 2023 - February Menu

## February 1-3, 2023

Wednesday:

Breakfast: Breakfast Burrito

Lunch: French Toast Sticks, Sausage, Potato Smiles, and Sliced Apples

Dinner: Tater Tot Casserole, Mixed Green Salad, Mixed Vegetables, Tropical Fruit Salad

Thursday:

Breakfast: Biscuits & Gravy

Lunch: French Bread Pizza, Marinara Sauce, Broccoli, Mandarin Oranges, and Ice Cream

Dinner: Tamale Pie, Green Beans, Peaches, and Churros

Friday:

Breakfast: Breakfast Sandwich

Lunch: Cheeseburger on Bun, Tater Tots, Mixed Vegetables, and Pears

## February 6-10, 2023

Monday

Breakfast: Pancakes w/ Syrup

Lunch: Turkey Corn Dog, Sweet Potato Tots, Corn, and Pineapple

Dinner: Chicken Nachos, Lettuce, Tomato, Salsa, Cheese Sauce, and Fruit Cobbler

Tuesday

Breakfast: Oatmeal/Muffins

Lunch: 3-Cheese Chicken Bake, Garlic Bread, Normandy Vegetable Blend, Side Salad, and Mandarin Oranges

Dinner: Egg Roll, Fried Rice, Broccoli, and Strawberries

Wednesday

Breakfast: Bagels w/ Cream Cheese

Lunch: Hot Ham & Cheese Sandwiches, Baked Beans, Vegetable Blend, and Apple Slices

Dinner: Spaghetti & Meat Sauce w/ Garlic Bread, Italian Vegetables, Chocolate Pudding w/ Vanilla Waffers

Thursday

Breakfast: Egg & Potato Breakfast Boat

Lunch: Beef Taco, Refried Beans, Mexicali Corn, and Pears

Dinner: Oven-Fried Chicken, Bread & Butter, Mashed Potatoes w/ Gravy, and Mixed Fruit Salad

Friday

Breakfast: Sausage, Egg & Cheese English Muffin

Lunch: Fish Nuggets, Macaroni & Cheese, Peas, and Mixed Fruit

## February 13-17, 2023

Monday

Breakfast: Fruit Strudel & String Cheese

Lunch: Pizza, Steamed Broccoli, Glazed Carrots, and Pineapple

Dinner: Philly Cheesesteak, Roasted Peppers & Onions, Vegetable Blend, and Pears

Tuesday

Breakfast: Sausage Breakfast Pizza

Lunch: Spaghetti & Meat Sauce, Garlic Bread, Italian Vegetable Blend, Side Salad, and Frozen Fruit Cup

Dinner: Shrimp Po’ Boy Sandwiches, Waffle Fries, Applesauce, and Red Velvet Cookie

Wednesday

Breakfast: Oatmeal/Donuts

Lunch: Chicken Fried Chicken, Mashed Potatoes w/ Gravy, Peas & Carrots, and Orange Slices

Dinner: Tater Tot Casserole, Mixed Vegetables, and Tropical Fruit Salad

Thursday

Breakfast: Egg & Cheese Biscuit

Lunch: Cheeseburger, French Fries, Vegetable Blend, and Grapes

Friday

No School

Braille Celebration/Challenge

## February 20-24, 2023

Monday

No School

President’s Day

Tuesday

Breakfast: Waffles w/ Syrup

Lunch: BBQ Pork Patty on Bun, Sweet Potato Tots, Roasted Cauliflower, and Grapes

Dinner: Loaded Baked Potato w/ Sliced Ham, Bacon Bits, Cheese, Sour Cream, Broccoli, Black Beans, Salsa, and Apple Crisp w/ Ice Cream

Wednesday

Breakfast: Breakfast Pizza

Lunch: Beef, Bean, & Corn Enchiladas, Mixed Vegetables, Side Salad, and Peaches

Dinner: Macaroni & Cheese w/ Little Smokies, Spinach, and Grapes

Thursday

Breakfast: Breakfast Burrito

Lunch: Crispy, Chicken Sandwich, Waffle Fries, Steamed Carrots, and Strawberries

Dinner: Mozzarella Cheese Sticks, Green Beans, and Mandarin Oranges

Friday

Breakfast: Breakfast Sandwich

Lunch: Lemon Pepper Tilapia, Roll, Sauteed Spinach, Red Potatoes, and Banana

## February 27-28, 2023

Monday

Breakfast: French Toast Sticks w/ Syrup

Lunch: Fiestada Pizza, Roasted Cauliflower, Glazed Carrots, and Baked Cinnamon Apples

Dinner: Chicken Sandwich, French Fries, and Fruit Cocktail

Tuesday

Breakfast: Bacon Scramble Pizza

Lunch: Salisbury Steak w/ Roll, Sauteed Onions & Peppers, Mashed Potatoes w/ Gravy, and Mandarin Oranges

Dinner: Grilled Cheese, Tomato Soup, Chips, and Mixed Fruit