

BREAKFAST

LUNCH

SEPTEMBER 2022

Kansas School for the Blind

Served every day with breakfast: Milk (Skim or 1%), Fruit and 100% Juice

Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)



Monday

Tuesday

Wednesday

Thursday

Friday



NO SCHOOL **5**

LABOR DAY

MINI WAFFLES W/ SYRUP **12**

BBQ PORK PATTY
GLAZED CARROTS
ROASTED CAULIFLOWER
SLICED PEACHES

EGG & POTATO BREAKFAST BOATS **19**

TURKEY CORNDOG
SWEET POTATO TOTS
CORN
PINEAPPLE

EGG & CHEESE BOSCO STICK **26**

SPAGHETTI & MEATSAUCE/GARLIC BREAD
MIXED GREEN SALAD
GREEN BEANS
FROZEN JUICE CUPS

EGG & CHEESE BOSCO STICK **6**

TURKEY BURGER
WAFFLE FRIES
BAKED BEANS
SLICED PEARS

PANCAKE ON A STICK **13**

TAMALE PIE
CORN
BLACK BEANS
APPLESAUCE

BISCUITS & GRAVY OR FRUIT STRUDEL **20**

3-CHEESE CHICKEN BAKE
W/ GARLIC BREAD
MIXED VEGETABLES
SIDE SALAD
MANDARIN ORANGES

DONUTS/YOGURT **27**

SLOPPY JOE
FRENCH FRIES
VEGGIE BLEND
GRAPES

DONUTS//YOGURT **7**

CHEESE PIZZA
ROASTED CAULIFLOWER
GLAZED CARROTS
APPLE CRISP W/ ICE CREAM

BREAKFAST BURRITO W/ SALSA **14**

CHICKEN ALFREDO
W/ GARLIC BREAD
VEGETABLE BLEND
GRAPES

MINI PANCAKES W/ SYRUP **21**

HOT HAM & CHEESE SANDWICH
BAKED BEANS
VEGETABLE BLEND
APPLE SLICES

FRENCH TOAST STICKS W/ SYRUP **28**

CHICKEN FRIED CHICKEN
MASHED POTATOES W/ GRAVY
GARDEN PEAS & CARROTS
ORANGE SLICES

MINI PANCAKES W/ SYRUP **1**

SHREDDED PORK BBQ SANDWICH
MIXED GREEN SALAD
CHEESY SCALLOPED POTATOES
MIXED FRUIT SALAD

FRENCH TOAST STICKS W/ SYRUP **8**

MANDARIN ORANGE CHICKEN
VEGETABLE FRIED RICE
STEAMED BROCCOLI
FRUIT COCKTAIL

MUFFINS/STRING CHEESE **15**

OPEN ROAST BEEF SANDWICH
MASHED POTATOES W/ GRAVY
GREEN BEANS
MIXED FRUIT SALAD

EGG & CHEESE BISCUIT **22**

BEEF BURRITO BOWL
W/ TORTILLA CHIPS
CHEESY REFRIED BEANS
MEXICALI CORN
SLICED PEACHES
CINNAMON CHURROS

SAUSAGE, EGG & CHEESE ENGLISH MUFFIN **29**

PEPPERONI PIZZA
MIXED GREEN SALAD
STEAMED BROCCOLI
PINEAPPLE

EGG & CHEESE BISCUIT **2**

CHICKEN PATTY PARMESAN W/ SPAGHETTI
GREEN BEANS
SLICED CUCUMBERS/CARROTS
ORANGE SLICES

SAUSAGE, EGG & CHEESE ENGLISH MUFFIN **9**

FISH SANDWICH
GREEN BEANS
CREAMY COLESLAW
BANANA

SCRAMBLED EGGS & TOAST **16**

CHEESEBURGER
TATOR TOTS
MIXED VEGETABLES
SLICED PEARS

BREAKFAST PIZZA **23**

FISH NUGGETS
MACARONI & CHEESE
GREEN PEAS
MIXED FRUIT

MINI WAFFLES W/ SYRUP **30**

CHICKEN QUESADILLA W/ SALSA
GOLDEN CORN
CHEESEY REFRIED BEANS
SLICED PEACHES

Questions????

Contact Cindy Rawie, Food Service Director
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This institution is an equal opportunity provider.