# 2022 - January Menu

## January 3-7, 2021

MONDAY

Breakfast: Breakfast Pizza

Lunch: Cheeseburger, Waffle Fries, Mixed Vegetables, and Sliced Pears

Dinner: BBQ Pulled Pork Sandwich, Baked Beans, Mixed Vegetables, and Mandarin Oranges

TUESDAY

Breakfast: Egg & Cheese Bosco Stick

Lunch: Saucy Meatball Sub, Green Beans, Roasted Cauliflower, and Sliced Peaches

Dinner: Oven-Fried Chicken Legs, Sliced Bread & Butter, Mashed Potatoes w/ Gravy, and Mixed Fruit Salad

WEDNESDAY

Breakfast: Oatmeal/Long John

Lunch: Crispy Chicken Sandwich, Crinkle Cut Fries, Peas & Carrots, and Fruit Cocktail

Dinner: Tater Tot Casserole w/ Dinner Roll, Mixed Green Salad, and Tropical Fruit Salad

THURSDAY

Breakfast: Pancakes

Lunch: Beef & Bean Chili w/ Cinnamon Roll, Glazed Carrots, Mixed Vegetables, and Apple Slices

Dinner: Chicken Alfredo Pasta w/ Breadstick, Steamed Broccoli, and Bread Pudding

FRIDAY

Breakfast: Egg & Cheese Bagel

Lunch: Chicken Nuggets & Waffles, Hash Browns, Mixed Green Salad, and Fruit Salad

## January 10-14, 2021

MONDAY

Breakfast: Breakfast Pizza

Lunch: Chicken Quesadilla w/ Salsa, Golden Corn, Cheesy Refried Beans, and Sliced Peaches

Dinner: Chicken Alfredo Pasta w/ Breadstick, Steamed Broccoli, and Bread Pudding

TUESDAY

Breakfast: Egg & Cheese Bosco Stick and Hash Browns

Lunch: Sloppy Joe, Mashed Potatoes & Gravy, Roasted Cauliflower, and Grapes

Dinner: Sweet & Sour Chicken, Veggie Fried Rice, Egg Roll, and Mixed Fruit Salad

WEDNESDAY

Breakfast: Chocolate Long John/Oatmeal

Lunch: Homemade Chicken Noodle Soup w/, Dinner Roll, Green Beans, Garden Peas & Carrots, and Orange Slices

Dinner: Tamale Pie w/ Cheese, Green Beans, Cornbread, and Peaches/Churro

THURSDAY

Breakfast: Pancakes w/ Syrup

Lunch: Pepperoni Pizza, Steamed Broccoli, Glazed Carrots, and Pineapple

Dinner: Grilled Chicken Sandwich, French Fries, and Fruit Cocktail

FRIDAY

Breakfast: Egg & Cheese on Biscuit and Tater Tots

Lunch: Spaghetti & Meat Sauce, w/ Garlic Bread, Mixed Green Salad/Veggie Blend, and Fresh Melon

## January 17-21, 2021

MONDAY

NO SCHOOL

Martin Luther King, Jr. Day

TUESDAY

Breakfast: Egg & Potato Breakfast Boat

Lunch: Chicken Nuggets w/ Mac & Cheese, Steamed Broccoli, Corn on the Cob, and Apple Slices

Dinner: Meatloaf w/ Dinner Roll, Mashed Potatoes w/ Gravy, Glazed Carrots, and Mandarin Orange Jello Salad

WEDNESDAY

Breakfast: Biscuits & Gravy or Fruit Strudel

Lunch: Beef, Bean & Corn Enchiladas, Cornbread, Mixed Veggies/Side Salad, and Sliced Pears

Dinner: Oven-Fried Chicken Legs, Sliced Bread & Butter, Mashed Potatoes w/ Gravy, and Mixed Fruit Salad

THURSDAY

Breakfast: Mini Waffles w/ Syrup

Lunch: French Bread Pizza w/ Marinara, Green Beans, Golden Corn, and Pineapple

Dinner: Beef & Bean Chili w/ Cinnamon Roll, Baked Potato w/ Butter, and Chocolate Pudding/Vanilla Wafers

FRIDAY

Breakfast: French Toast Sticks or Breakfast Bar

Lunch: Cheeseburger, Waffle Fries, Steamed Carrots, and Mixed Fruit Salad

## January 24-28, 2021

MONDAY

Breakfast: Breakfast Burrito w/ Salsa

Lunch: Mandarin Orange Chicken, Vegetable Fried Rice, Steamed Broccoli, and Sliced Pears/Fortune Cookie

Dinner: Cheeseburger, Waffle Fries, Steamed Carrots, and Fruit Cocktail

TUESDAY

Breakfast: Scrambled Eggs, Toast & Hash Browns

Lunch: Salisbury Steak w/ Dinner Roll, Mashed Potatoes w/ Gravy, Sautéed Onions & Peppers, and Mandarin Oranges

Dinner: Chicken Nachos, Lettuce, Tomato, Salsa, Cheese Sauce, and Peach Cobbler w/ Whip

WEDNESDAY

Breakfast: Mini Pancakes w/ Syrup

Lunch: Shredded Pork BBQ Sandwich, Mixed Green Salad, Cheesy Scalloped Potatoes, and Mixed Fruit Salad

Dinner: Beef Lasagna w/ Garlic Bread, Mixed Green Salad, and Sliced Pears

THURSDAY

Breakfast: Egg & Cheese on Biscuit and Tater Tots

Lunch: Chicken Patty Parmesan w/ Spaghetti, Green Beans, Sliced Cucumber/Carrots, and Orange Slices

Dinner: French Toast, Scrambled Eggs/Sausage, Hash Brown Triangles, and Pineapple

FRIDAY

Breakfast: Oatmeal/Donuts

Lunch: Cheese Pizza, Roasted Broccoli, Glazed Carrots, and Apple Crisp w/ Ice Cream

## January 31, 2021

MONDAY

Breakfast: Breakfast Pizza

Lunch: French Bread Pizza w/ Marinara, Green Beans, Corn on the Cob, and Sliced Peaches

Dinner: Philly Chicken Sandwich w/ Cheese, Mixed Vegetables, and Mandarin Orange Fluff