



SEPTEMBER 2019

Kansas School for the Blind

Monday

Tuesday

Wednesday

Thursday 5

Friday

2

Philly Cheesesteak Sandwich
Mixed Vegetables
Pears

3

Oven-Fried Chicken
Mashed Potatoes w/ Gravy
Golden Corn
Ice Cream Bar

4

Grilled Cheese & Tomato Soup
Mixed Vegetables
Peaches

5

6

9

Beef Taco Salads
Lettuce, Tomato, Salsa, Cheese
Popsicle

10

Loaded Baked Potatoes
Bacon Bits, Cheese, Sour Cream,
Broccoli, Black Beans, Salsa
Orange Slices

11

Tater Tot Casserole
Mixed Green Salad
Chocolate Pudding

12

Grilled Chicken Sandwich
French Fries
Fruit Cocktail

13

16

Shredded Pork BBQ Sandwich
Asian Cabbage Salad
Green Beans
Ice Cream Bar

17

Beef Lasagna w/ Garlic Bread
Mixed Green Salad
Jello Salad

18

Chicken Nachos
Lettuce, Tomato, Salsa, Cheese
Cookie

19

Home-style Pepperoni Pizza
Steamed Broccoli
Orange Slices

20

23

Oven-Fried Chicken Legs
Sliced Bread
Mashed Potatoes w/ Gravy
Applesauce

24

Beef & Bean Chili
Cinnamon Roll
Veggie Blend
Pears

25

Shepherd's Pie
Dinner Roll
Veggie Blend
Chocolate Pudding

26

Sweet & Sour Chicken
Veggie Fried Rice
Egg Roll
Strawberry Shortcake

27

30

Cheeseburger
Crinkle Cut Fries
Ice Cream Bar

Offered everyday with supper: Salad bar and Milk (Skim or 1%)

Questions?

Contact Tessa Adcock, Food Service Director

tadcock@kssdb.org

This institution is an equal opportunity provider.

